

Adaptive Ski Lessons

Ski Sundown's Adaptive program provides ski and snowboard lessons to students of all ages with physical, cognitive or developmental disabilities. Ski Sundown is affiliated with [STRIDE, Inc.](#), a non profit adaptive skiing and recreation organization for individuals with disabilities. Our adaptive volunteers are trained in adaptive coaching and will assess, equip and teach special needs students one on one to meet their specific needs, abilities and learning styles. We welcome individuals of all abilities. Lesson categories include: Hearing and visual impairments, all types of developmental disabilities, two, three and four track skiers, snowboarders and beginning bi-skiing. Lessons are by reservation only and are required in advance.

Adaptive Lesson Package - \$75

Includes

- 2 -1/2 hours of private instruction (includes time for equipment fitting)
- Adaptive and standard ski/snowboard equipment
- Lift ticket

(Ticket available for person accompanying individual in adaptive lesson for \$20)

We also offer blind guides, tetherers or buddy coaches to any individual needing special assistance. Handicap parking is available on the left and right of the main footbridge entrance.

For participation in Ski Sundown's Adaptive Lesson program:

1. Fill out an application with STRIDE. [Click here](#). Your application must be accepted by STRIDE prior to making a reservation with Ski Sundown.
2. Call Ski Sundown at 860-379-7669 Ext. 219 to make an adaptive lesson reservation.
3. [Click here to download Ski Sundown's Adaptive Lesson Waiver and bring it to the lesson.](#)

Through the [David H. Clark Memorial Fund](#), STRIDE often helps families who have children already enrolled in STRIDE's program by giving them financial assistance to fully participate in STRIDE's activities or related activities.

[Click here for a Fund Application Form](#)

Ski Sundown would like to thank and recognize the following corporations that have contributed \$1000 or more to the STRIDE/Ski Sundown Adaptive Equipment/Education Fun,. Through their generosity, Ski Sundown's Adaptive Program will be able to serve more children and adults with disabilities of all types.

- Wiremold Foundation
- Pacer/Anixter
- Bob'sDiscount Furniture
- J & M Sales
- AT&T Berkshire Employees CSF
- Ski Market
- Customers of Marandino Foods
- Ski Sundown, Inc.